

ATI Physical Therapy Opens New Clinic in Iowa's Des Moines Community

BOLINGBROOK, III. (September 8, 2017) - ATI Physical Therapy announced today the opening of its newest Iowa clinic at 11895 Hickman Rd. in Urbandale. ATI Urbandale will offer the community access to physical therapy, sports medicine and workers' compensation services from the nation's leading physical therapy provider.

The Urbandale location marks ATI's first clinic in the community and third in the state. Known for high quality of care and exceptional results, the energetic and motivating staff at ATI provides personalized treatment plans in an upbeat and fun atmosphere.

Welcoming patients at the new location is Iowa native John Brandt, DPT, ATC, LAT. John Brandt has over 12 years' experience in sports medicine and rehabilitation. After achieving his bachelor's in exercise science/athletic training from Central College in Pella, Iowa, he received his doctorate in physical therapy from St. Ambrose University in Davenport, Iowa. John enjoys working with a wide range of patients and specializes in functional exercises and therapeutic activities to return patients to an optimal level of function. John is certified in Functional Movement Screens (FMS) and works closely with the Iowa Youth Rugby Association, USA Rugby, and the International Rugby Board. He also has clinical experience in workers' compensation/industrial rehabilitation, post-operative care, musculoskeletal pain, and postural/body mechanics education for further prevention of injury.

"We are excited to be joining the Urbandale community to offer the highest levels of physical care in an atmosphere that strives to be that bright spot in our patients' day," said John. "If you're experiencing any aches and pains, please stop for a complimentary screening and experience the ATI difference."

First appointments with all ATI clinics are scheduled within 24-48 hours, and early morning and evening hours are available to accommodate patient schedules. Rehabilitation services include manual therapy, therapeutic exercise, strength training, cardiovascular conditioning, sports-specific training, and therapeutic modalities, such as ultrasound and electrical stimulation.

ATI offers expanded hours and complimentary screenings, plus accepts virtually all major insurance carriers. Unique to the industry, ATI's dedicated in-house research department aims to improve patient outcomes through basic science, research and evidence-based medicine. This includes the ATI Patient Outcomes Registry, a collection of data that supports an innovative approach to physical therapy that improves awareness of patient outcomes and how the rehabilitative process can impact patients' quality of life.

ATI Physical Therapy offers morning, afternoon and evening hours. To make an appointment at the Urbandale clinic or learn more about ATI, please call (515) 309-1316.

For more information on ATI Physical Therapy, and a complete list of ATI's clinic locations and services, please visit ATIpt.com. You can also follow @ATIPhysicalTherapy on [Facebook](https://www.facebook.com/ATIPhysicalTherapy) and @ATIPT on [Instagram](https://www.instagram.com/ATIPT), [Twitter](https://twitter.com/ATIPT) and [Pinterest](https://www.pinterest.com/ATIPT). Or subscribe to the official [ATI YouTube Channel](https://www.youtube.com/ATIPT) for a glimpse into our world!

About ATI Physical Therapy

ATI is a privately held, nationally recognized healthcare company, specializing in outpatient rehabilitation and adjacent healthcare services. With a focus on delivering a remarkable experience to every patient, every day, ATI has more than 700 locations from coast to coast. ATI was named "Best Physical Therapy Practice in the

Nation” by *ADVANCE* magazine, and was one of the first physical therapy companies in the country to achieve URAC Core Accreditation, a mark of distinction that recognizes its commitment to quality healthcare. Based in Bolingbrook, Illinois, ATI gives back to communities across the country through the ATI Foundation, a non-profit established by ATI, which has provided more than \$4 million in resources and funding to children with physical impairments. For more information on ATI Physical Therapy, and a complete list of clinic locations, services and the ATI Foundation, please visit [ATipt.com](https://www.atipt.com).

<https://news.atipt.com/2017-09-08-ATI-Physical-Therapy-Opens-New-Clinic-in-Iowa-Des-Moines-Community>