

ATI Physical Therapy Worksite Solutions and iMSKA Partner with Indiana State University to Launch Workplace Injury Prevention Certificate Program

Empowering future health professionals to lead in occupational injury prevention

DOWNERS GROVE, Ill., Sept. 16, 2025 /PRNewswire/ -- ATI Worksite Solutions, a division of ATI Physical Therapy, and the Institute for Musculoskeletal Advancement (iMSKA) have launched a new Workplace Injury Prevention Certificate Program, with Indiana State University serving as the inaugural academic partner. The program, debuting this academic year through Indiana State's Master of Athletic Training Program, is designed to equip future health professionals with proactive musculoskeletal (MSK) care strategies.

The initiative builds on the expertise of ATI Worksite Solutions—a national leader in injury prevention, ergonomics, early MSK intervention, and occupational health—and iMSKA, ATI's research institute established in 2024 to advance evidence-based practices in MSK care. Together, these organizations are aligning academic training with real-world employer needs, preparing students to reduce workplace risks and improve population MSK health.

"MSK disorders remain one of the leading causes of lost workdays and long-term disability in the U.S. workforce," said Fran Kosinski, Senior Vice President of Health Services at ATI. "By educating future clinicians in preventative care, we're investing in a healthier, more sustainable workforce."

The certificate curriculum emphasizes the identification of biomechanical, ergonomic, and behavioral risk factors that contribute to MSK disorders (MSDs). Participants will also learn how to engage workplace stakeholders and implement practices that align with industry standards while promoting a culture of safety.

"This certificate not only supports our students' career growth," said Tim Demchak, PhD, ATC, GTS, Program Director of Indiana State's MSAT program, "but also addresses a growing national need for injury-prevention professionals who can make an immediate impact across industries."

Graduates of the program will be well positioned to expand their professional expertise and pursue careers in workplace wellness, occupational health, and injury prevention. iMSKA plans to expand the program in partnership with additional universities nationwide.

To learn more about partnership research opportunities, visit i-mska.org.

About ATI Physical Therapy

At ATI Physical Therapy, we are committed to making every life an active life. We provide convenient access to high-quality care to prevent and treat musculoskeletal (MSK) pain. Our 850+ locations in 24 states and virtual practice operate under one of the largest single-branded platforms built to support standardized clinical guidelines and operating processes. With outcomes from more than 3 million unique patient cases, ATI strives to utilize quality standards designed to deliver proven, predictable, and impactful patient outcomes. From preventative services in the workplace and athletic training support to outpatient clinical services and online physical therapy via our online platform, CONNECT™, a complete list of our service offerings can be found at ATipt.com. ATI is based in Downers Grove, Illinois.

About iMSKA

The Institute for Musculoskeletal Advancement (iMSKA) is a not-for-profit organization dedicated to advancing musculoskeletal (MSK) care through high-quality research and evidence-based practice. Our mission is to improve patient and community outcomes by supporting clinical and translational research, implementation science, and professional development across physical therapy, occupational therapy, athletic training, and orthopedic surgery. iMSKA's work spans large-scale data analysis, clinical trials, and outcome-based studies, with a focus on translating findings into real-world impact. We collaborate with clinicians, educators, and healthcare systems to ensure research informs care, enhances decision-making, and elevates the patient's experience. Learn more at i-mska.org. iMSKA is based out of Downers Grove, Illinois.

About Indiana State University

Founded in 1865 and located in Terre Haute, Indiana, Indiana State University is a public institution dedicated to student success, workforce development, and community engagement. Offering over 100 undergraduate, graduate, and professional programs, Indiana State combines rigorous academics with real-world experiences to prepare graduates for success. For more information, please visit indianastate.edu.

Indiana State University's Athletic Training program, a national leader since 1968, continues to set the standard in healthcare education. Now offered as a two-year hybrid Master of Athletic Training (MAT), the program combines the best of both worlds: a residential first year focused on hands-on learning, followed by a distance-based second year designed for flexibility during immersive clinical experiences. With over 3,000 alumni across all levels of the profession, ISU's MAT program emphasizes

evidence-based practice, patient-centered care, and real-world readiness through 26 weeks of clinical immersion and training in an award-winning Simulation Center. Learn more at <https://indianastate.edu/academics/academic-program-finder/athletic-training-ms>

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